

# Planting by the Moon

## Why we do it, and How to do it

### **Why do it?**

BECAUSE IT WORKS. Not just because I “heard” that it does, or “read somewhere” that it might. *It actually does work*, and has been subjected to those tricky double-blind tests we hear so much about. *Simply put, the theory was tested, and was found to be fact.*

### **Now, on to how it works (basic version).**

OK, not really “how it works” but rather “how to use it”.

In the first quarter, from the New Moon until the day of the First Quarter, plant all leafy vegetables, those which produce seed on the “outside” of the plant. Lettuce, kale, cabbage, broccoli, anything which is eaten for its leaves. And, cucumbers. (Why? I don't know, but the research has shown they like this.)

In the Second Quarter, from the First Quarter until the Full Moon, plant all vegetables which produce fruit, and seeds “inside” the plant. Melons, tomato, watermelon, pepper, cantaloupe, gourd, squash. Also, plant biennials, those plants which take 2 years to grow and go to seed or to fruit, such as beets, onions and swiss chard.

In the Third Quarter, from the Full Moon until the Third Quarter, plant trees (both fruiting and ornamental/shade), perennials and flowers.

In the Fourth (last) Quarter from the Third Quarter to the New Moon, do not plant. Use this time to cultivate (get rid of weeds) kill bad plants and insects, all the the things you do not want to come back.

### **Advanced Moon Gardening Information:**

A separate class will be held for a full description of Moon phase and Moon Sign planting, which will include a detailed list of planting schedules for many garden plants, vines, bushes, etc.