

Companion Planting

Why we do it, and How to do it

Why do it?

BECAUSE IT WORKS. UC Davis has done extensive research, and found that the principles of companion planting do, in fact work.

Now, on to how it works. The following table, though not “exhaustive” will give a good idea of which plants like/dislike each other.

Plant	Likes	Dislikes
Beans/Legumes	Cucumber, Strawberry and Potato	Onions/Garlic
Beets	Cole Crops	
Broccoli	Sage, Beet, Onion	Tomato, Pole Bean, Strawberry
Cabbage Family	Dill, Sage, Peppermint	Tomato, Pole Bean, Strawberry
Carrot	Rosemary, Sage	
Collard	Tomato	
Corn	Cucumber, Pumpkin, Squash, Bean, Potato	Tomato
Cucumber	Corn, Legumes, Sunflower	
Jerusalem Artichoke	Sunflower	

Plant	Likes	Dislikes
Lettuce	Strawberry, Cucumber, Carrot	(tolerates) onion
Melons	Corn, Sunflower	Potato
Okra	Sweet bell peppers, Eggplant	
Onion	Cabbage Family, Beet, Strawberry, Tomato. Lettuce	Legumes, all varieties
Pea	Radish, Turnip, Carrot, Corn, Cucumber, Bean, Potato	Onion, Garlic
Potato	Bean, Corn, Cabbage Family	Pumpkin, Tomato
Pepper, Sweet	Basil, Okra	
Pepper, Hot	See Tomato	
Squash	Icicle type Radishes	
Tarragon	Everyone!	
Tomato	Cabbage Family, Asparagus, Onion, Garlic, Chive	
Watermelon	Potato	